

SECURITY RULES: Frozen food trays

1. It is advised that the trays are transported within 2 hours and that they are immediately kept in the freezer (at a temperature of $-18\text{ }^{\circ}\text{C}$ or lower).
2. The trays must be kept in the freezer until ready to eat. The food must be eaten at the latest within 2 months of the freezing date specified on the label.
3. To eat the food it will have to be defrosted inside the fridge (between $5\text{ }^{\circ}\text{C}$ and $7\text{ }^{\circ}\text{C}$) and eaten within 2 days (48 hours).
4. It is recommended to heat the food at a temperature above $70\text{ }^{\circ}\text{C}$ before its consumption. If heating in the microwave, remove the tray cover before cooking.
5. The tray must be disposed of in the organic recycling container and the cover in the plastic container.